

Key Services

Recovery Support Coordination

- ✓ Weekly care contact
- ✓ Recovery planning & coaching
- ✓ Peer support groups
- ✓ Support for mothers

Case Management

- ✓ Housing assistance
- ✓ Navigating services
- ✓ Vital documents

Support for Mothers

- ✓ Substance-exposed newborn services
- ✓ Parenting confidence assessments
- ✓ Social services coordination
- ✓ Family reunification

Legal & Administrative Help

- ✓ Expungement support
- ✓ Court advocacy
- ✓ Benefits applications
- ✓ Legal referrals

Grant funded for:

- ✓ RECOVERY SUPPORT FOR POSTPARTUM AND PREGNANT WOMEN (RSPPW)
- ✓ STRENGTHENING FAMILIES IN RECOVERY (SFIR)
- ✓ CHILDREN IN NEED OF ASSISTANCE (CINA)

About Us

Community Behavioral Health is a state-licensed, Joint Commission Accredited, Outpatient Mental Health Clinic located throughout the Eastern Shore of Maryland and Columbia, Maryland.

Our services include:

Outpatient Mental Health Services
Substance Abuse Mental Health Counselling
Intensive Outpatient Program
Partial Hospitalization Program
Psychiatric Rehabilitation Program
Adult Targeted Case Management - Midshore Counties
Behavioral Health Home
Healthy Families - Lower Shore
Health Education Programs

Our Strengths:



Outpatient mental health & addiction counselling



Led by board-certified psychiatrists and counsellors



Evidence based practices



Serving Somerset & Worcester Counties



Let Us Rise Together in Strength...

Mothers in Recovery

A case management and addictions recovery program supporting the whole family through compassion, connection, and care

844-224-5264 Ext 5
momentum@cbh.clinic
www.communitybehavioralhealth.net/mom



Contact Information



Locations

107 East Market Street, Snow Hill MD 21863



30519 Prince William Street, Princess Anne MD 21853



Phone

844-224-5264 Ext 5



Email

momentum@cbh.clinic

Why Choose Us?

Transportation:

Support for health and social appointments

Weekly Check-ins:

Personable and experienced care providers

Comfortable Facilities:

Cozy child-friendly areas and supporting facilities.

Recovery Oriented Activities:

Group activities and advice to maintain healthy living

Free:

This is available at no-cost to you

Schedule Your Appointment Today!



Scan QR code

We will respond within 72 hours



Addiction Is a Medical Condition — Not a Moral Failing

When substance use happens during pregnancy, families face serious challenges:

- Involvement with child services, courts, and intensive healthcare appointments
- Fear and shame that prevent asking for help
- Barriers like transportation, finding childcare, and paperwork
- A confusing system that can tear families apart

MOMentum is here to help

We support parents navigating recovery and parenting — during pregnancy and while raising children.

We help families succeed.

Our team understands addiction and recovery. With the right support, families heal and grow.

MOMentum Works

- Parents build confidence and parenting skills
- Families stay safely together
- Children get early support to thrive
- Recovery becomes sustainable

**Your Recovery + Your Parenting =
Your Family's Healthy Future**

