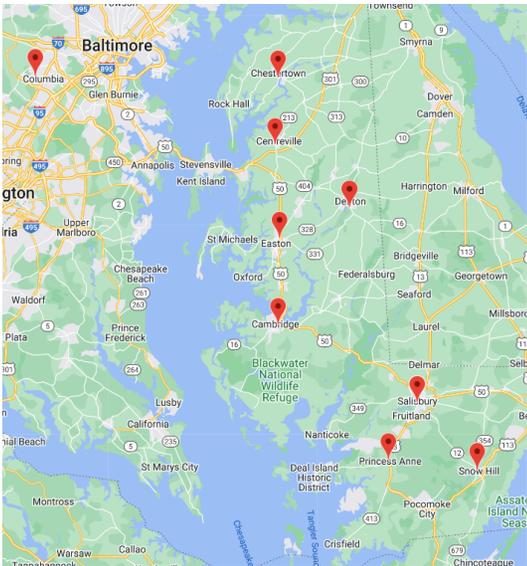


Directory

To contact our welcome center, please call
1-844-224-5264- see extensions below:

Cambridge, MD (ext. 13)
Centreville, MD (ext. 14)
Chestertown, MD (ext. 1)
Columbia, MD (ext. 17)
Denton, MD (ext. 19)
Easton, MD (ext. 19)
Salisbury, MD (ext. 12)
Snow Hill, MD (ext. 16)
Princess Anne, MD (ext. 1)



www.communitybehavioralhealth.net/contact

Hours of Operation

Monday - Sunday
(by appointment only)
7am - 7pm

Phone Lines:
Monday - Friday
9am - 5pm

Contact Us

(844) 224 -5264 Office
(888) 509 - 0010 - Fax

www.communitybehavioralhealth.net

Our Clinical Services

Virtual & In-Person Treatments
Medication Evaluation and Management
Skills-based Individual Family and Couples Therapy
Substance Abuse Addiction Treatment
Behavioral Health Home
Psychiatric Rehabilitation Program (PRP) Services
Intensive Outpatient Programs (IOP)
Esketamine Treatments (at specific locations)

Our Professionals

Psychiatrists
Registered Nurses
Mental Health Therapists
Social Workers
Professional Counselors
Addiction Counselors
Rehabilitation Specialists
PRP Direct Care Workers
Respite Workers
Adult Targeted Case Managers



www.communitybehavioralhealth.net

Services and Programs

We are accepting new patients virtually
and in all offices at this time.



We do not have a waiting list.

1-844-224-5264 ext 104
(for Intake)



Who We Are

Community Behavioral Health is a state-licensed, Joint Commission Accredited Outpatient Mental Health and Addictions Clinic located throughout the Eastern Shore and Columbia, Maryland.

We provide access to timely, high-quality, and affordable care in a welcoming and reassuring setting.

All services are provided collaboratively and comprehensively by licensed adult and child psychiatrists and therapists for individuals of all ages.

We also conduct public health research, crisis treatment, and preventive care through the following Grant Maintained Programs:

- Healthy Families Lower Shore
- Active Parenting
- Trauma-Informed- Care
- Health Education
- Teen Intervene / SBIRT
- Urgent Care Clinics in 5 counties.

Our Mission

Community Behavioral Health's mission is to provide our population with the highest-quality mental health care and services.

Our Vision

Community Behavioral Health strives to be the most innovative clinic in care delivery, to provide the highest standard of patient care, and to challenge ourselves continually and our patients to improve.

Services Offered

Mental Health Counseling & Therapy

We provide evidence-based psychotherapies in individual, group, family, and couples formats. Our therapists are qualified in Cognitive Behavioral Therapy, Play Therapy, Dialectical Behavioral Therapy, and Trauma-Informed Care.

Psychiatry

We have board-certified and eligible psychiatrists and a nurse practitioner trained in diagnosing and making medication and non-medication treatment recommendations to ensure your best clinical outcome.

Intensive Outpatient Program (IOP)

We provide intensive services to individuals at the community level to prevent hospitalization or to transition from hospitalization to outpatient care.

Substance Abuse Mental Health (SAMH)

Patients with co-occurring disorders receive comprehensive evaluations to be placed in a level of treatment appropriate to their needs. This program works with patients to identify, prevent, and protect against triggers for relapse and work towards recovery. Eligible patients can also receive Medication Assisted Treatment (MAT) under physician supervision.

Psychiatric Rehabilitation Program (PRP)

PRP Direct Care Workers provide a therapeutic case manager referred by your therapist to assist you in the community with your treatment goals.

Patients receive the following services:

- Employment
- Housing
- Mobility and Transportation Skills
- Money Management
- Self Care Skills
- Self Management
- Social Skills
- General Wellness Practices
- Behavioral Health Home (BHH) assessment

Behavioral Health Home (BHH)

The program provides comprehensive, whole-person care for individuals managing mental health and co-occurring physical health conditions. It offers care coordination, wellness education, and support to improve overall health and quality of life. Available for PRP-eligible patients.

Adult Targeted Case Management (TCM)

The Adult Targeted Case Management (TCM) program provides personalized support and advocacy for individuals with mental health needs

We help connect you with essential services, including housing, healthcare, employment, and community resources, to promote independence and stability. Providing services across all 5 Midshore-counties.

Languages

We offer bilingual, deaf and blind services via interpreters. We provide services in all widely spoken languages.

Insurances

Community Behavioral Health accepts all eligible **insurances**, including **Medicare** and **Medicaid** a comprehensive list is on the website: www.communitybehavioralhealth.net/insurances

If you have insurance that is not on this list, and you have Out-of-Network Benefits and are willing to pay as Out-of-Network, you may become a patient upon approval from your insurance. Please contact us for more information. Certain conditions or restrictions may apply.

Sliding Fee Scale: No one will be denied access to services due to inability to pay, and a Discounted Fee Scale is available upon request.

www.communitybehavioralhealth.net

