

Mission

The mission of Community Behavioral Health is to provide the highest quality mental health care and services to the population we serve.

Vision

Community Behavioral Health strives to be the most innovative clinic in terms of delivery of care and to provide the highest standard of patient care and to continually challenge both ourselves and our patients to change for the better.

Values

Empathy: Every team member of Community Behavioral Health is committed to serving the needs of our patients and their family members by fostering a nurturing environment in our clinics.

Quality: Community Behavioral Health's primary focus are the outcomes of our patients and each team member is committed to seeing improvement in our patients.

Service: Community Behavioral Health is committed to exceeding our patient's expectations for care.

Teamwork: Community Behavioral Health's clinical staff are all committed to coordinating their services in order to provide the highest levels of streamlined care to our patients.

Change: Community Behavioral Health strongly believes in continually improving upon its processes so that we may provide greater care to our patient population.

Locations

Salisbury

809 Eastern Shore Dr.
Salisbury, MD 21804
Tel 1-844-224-5264 ext. 12
Fax (888) 509-0010

Cambridge

426 Dorchester Ave
Cambridge, MD 21613
Tel 1-844-224-5264 ext. 13
Fax (888) 509-0010

Centreville

142 Coursevall Drive
Centreville, MD 21617
Tel 1-844-224-5264 ext. 14
Fax (888) 509-0010



"Challenge For Change"

821 Eastern Shore Drive
Salisbury, MD 21804
Tel 1-844-224-5264 ext. 12
www.communitybehavioralhealth.net

Intensive Outpatient Program-
Children & Adolescents



Intensive Outpatient Program (IOP) Information

Intensive outpatient programs (IOP), offer short-term, multidisciplinary, structured programming that consists of intensive treatment and stabilization while remaining in the community; and avoiding an out-of-home placement.

Our IOP meets 3 to 5 days per week; from 9am-12pm

Treatment reduces in intensity and frequency as your child stabilizes. IOP is intended for individuals who experience symptoms of such intensity that they are unable to be safely treated in a traditional clinic setting,

CBH offers the following services through it's IOP:

- ⇒ After hours crisis management;
- ⇒ individual, group, and family therapy;
- ⇒ Coordination of medication evaluation, and medication management services, as needed.
- ⇒ Coordination with collateral contacts, such as your child's school;
- ⇒ Care management/discharge planning services.
- ⇒ Designated IOP staff will communicate with the patient's school, and attend meetings/interact with the school to successfully transition the child back to school.

KEEP CALM & FOLLOW THE RULES

Privacy - Patients should respect each other's privacy. Nothing discussed within the program is to be discussed outside the program. It is very important to protect the confidentiality of everyone in the program and any violations will not be tolerated. No phone numbers or addresses are to be exchanged.

Program Rules

1. Aggressive and/or threatening behaviors or statements will not be tolerated.
2. Telephone use is limited to emergencies only.
3. No touching peers.
4. No cursing! Please use respectful language.
5. Dress should be comfortable and appropriate; without any references to drugs, alcohol, gang affiliation, or bad language.
6. **Children may not lend, borrow, trade, buy, or sell anything that belongs to them to another peer.**
7. Children may not break or destroy things; parent/guardian will be notified as well as business manager.
8. Children must attend ALL assigned groups, activities, and doctors' appointments.
9. Sleeping is not tolerated
10. Children are responsible for their belongings. CBH is not responsible for anything lost, stolen, or broken.
11. Children are expected to treat CBH property with respect, and clean up after themselves.
12. No electronic devices are allowed in the program. Cell phone use is not permitted.
13. Patients are not allowed to exit the building! If they do, police will be notified.
14. If aggressive language or behaviors escalates and persists, the police will be notified.



